

Curriculum Vitae

Personal information:

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Nationality Palestinian



Personal Objectives:

- To develop my career in diabetes and endocrinology in line with good medical practice guidance, by continuous learning and personal development in my knowledge, skills and practice.
- To be a good medical teacher who passes his knowledge and experience to the next generation to achieve the goal of health for all.

Summary of medical education experience:

- Teaching internal medicine course at Najah National University 2017-2019, and OSCE examiner.
- Participation in medical student teaching and OSCE examinations, at King's College London University.
- Internal medicine residency program director at Ibn Sina Hospital since 2022.
- Assistant professor of medicine at An-Najah National University Hospital since October 2025.
- Co-supervision and internal/ external thesis examiner for MD and MSc thesis.

Summary of diabetes and endocrinology experience:

- Diagnosis and management of various types of diabetes and its related complications. Diagnosis and management of endocrine disorders as inpatients and outpatients.
- Management of pituitary, adrenal and thyroid disorders and tumours within multidisciplinary team work.
- Experience in performing and interpretation of dynamic endocrine tests.
- Experience in managing continuous glucose monitoring devices and insulin pumps.
- Co-authored the following guidelines at King's College Hospital:
 - Guidelines for maintaining blood glucose control in patients with COVID-19 given dexamethasone. January 2021
 - Sure Med alert (with medication safety committee) SGLT2 inhibitors: risk of diabetic ketoacidosis. Medication Safety & Diabetes Team, June 2021
 - Clinical Guideline for the acute management of SGLT2 inhibitors for all indications/for use in patients with or without diabetes. February 2022
 - Guidance for use of specialist services at king's college hospitals initiating sodium glucose loop transporter 2 (SGLT2) inhibitors for all indications with or without diabetes. May 2022
- Head on medication management and use committee at Ibn Sina Hospital since Jan 2023.

Work experience:

Dates	Employment
05/10/2025 - now	Assistant professor of medicine, An-Najah National University and Endocrinologist at Najah National University Hospital, Nablus, Palestine
01/01/2025-30/09/2025	Head of Internal Medicine Department, Ibn Sina Specialized Hospital, Jenin
01/03/2025-30/09/2025	Part time lecturer in Internal Medicine, Arab American University, Palestine
01/10/2022 – 30/09/2025	Internal Medicine Residency program director, Ibn Sina Specialized Hospital, Jenin
01/09/2022-30/09/2025	Diabetes and Endocrinology specialist, Ibn Sina Specialized Hospital, Jenin
Sep 2019 – August 2022	Clinical Fellow in Diabetes and Endocrinology, King's College Hospital, London (RCP MTI program)
Aug 2017- Aug 2019	Part time Lecturer in Internal Medicine, School of Medicine and Health Sciences, An-Najah National University, Nablus, Palestine
Jun 2017- Aug 2019	Consultant in General Internal Medicine, Specialized Arab Hospital, Nablus, Palestine.
Sep 2016– Dec 2017	Part time Lecturer in Health Administration, Al-Quds Open University, Nablus, Palestine
Aug 2013- Mar 2017	Internal Medicine Resident, An-Najah National University Hospital, Nablus, Palestine
Jun 2012- Aug 2013	Primary care physician and general practitioner, Al-Rahma Medical Center, Nablus, Palestine
Jun 2011- May 2012	Internal Medicine Resident, Specialized Arab Hospital, Nablus, Palestine
Jul 2010- Jun 2011	Intern physician, Palestinian Ministry of Health

Education and Qualifications

Dates	Qualification
August 2022	Medical Training Initiative (MTI) Royal College of Physicians (RCP) fellowship in Diabetes and Endocrinology, King's College Hospital, London
June 2021	UK Specialty Certificate Examination (SCE) in Endocrinology and Diabetes
May 2021	Diploma in UK Medical Practice, Liverpool School of Tropical Medicine

December 2018	Arab Board in Internal Medicine
May 2017	Palestinian Board in Internal Medicine
September 2014	MSc in Public Health, An-Najah National University, Palestine. GPA 3.85/4.0 (Excellent).
May 2010	Doctor of Medicine (MD), An-Najah National University, Palestine. GPA 83.5 (V. Good)
July 2004	High secondary certificate, GPA 98.6 (Excellent). (18 th in the West Bank). <i>Al-Fadeliyya Secondary School, Tulkarem, Palestine</i>

Professional certificates:

- DAFNE Doctor programme 2021 (Diabetes management and insulin adjustment for carb counting programme)
- SCOPE Obesity course (World Obesity Federation) April 2022
- YDEF/DTN Diabetes Technology Course, June 2022

Memberships:

- GMC, Diabetes UK, Society for Endocrinology.
- Palestinian Society of Internal Medicine, Jordan Medical Association – Jerusalem.
- Jordanian Medical Association- Jerusalem Branch.

Research and publications

❖ Books:

- **Khubaib Ayoub. *Postpartum Depression in Palestine: Prevalence and Associated factors A cross-sectional study from Nablus district (MSc thesis).*** LAP LAMBERT academic publishing. Mauritius. 2018. ISBN: 978-613-9-82114-3

❖ Articles and Abstracts:

- Abdoh, Q., Alnees, M., Kharraz, L. **Ayoub, K et al. Prevalence of *Helicobacter pylori* resistance to certain antibiotics at An-Najah University Hospital: a cross-sectional study.** *Sci Rep* 14, 14542 (2024). <https://doi.org/10.1038/s41598-024-63982-0>
- Daralammouri, Y., Qaddumi, J., **Ayoub, K.** et al. ***Pathological right ventricular changes in synthesized electrocardiogram in end-stage renal disease patients and their association with mortality and cardiac hospitalization: a cohort study.*** *BMC Nephrol* 23, 79 (2022). <https://doi.org/10.1186/s12882-022-02707-9>
- Corcillo, A.; Li, A.; **Ayoub, K.**; Maclean, R.; Iqbal, M.; Llana, E.; Noble-Bell, G.; Kariyawasam, D.; Karalliedde, J. ***Clinical features and sequelae of a cohort of people with type 2 diabetes who required initiation of insulin treatment when hospitalised with severe covid-19.*** *Diabetic Medicine*; 38:1, 2021. (DUK conference 2021)
- Kearney, J.; Onyema, M.; **Ayoub, K.**; Llana, E.; Darko, E.; Lovie, K.; Noble-Bell, G.; Whyte, M. B.; Cheah, Y. S.; Mustafa, O. G. ***Rapid rise in insulin requirements of inpatients with covid-19 given dexamethasone: Adaptations of the national guidelines to local needs.*** *Diabetic Medicine*; 38(SUPPL 1):49-50, 2021. (DUK conference 2021)

- **Ayoub K, Mustafa O, Noble-Bell G. Characteristics of patients with SGLT2 inhibitors associated DKA between 2008 and 2020: a case series from King's College Hospital. Br J Diabetes** 2021;21:293-296 (ABCD conference Oct 2021)
- **K Ayoub, S Barazi, N Sibtain, R Banatwalla, S Aylwin. Reversing visual loss with pulse intravenous methylprednisolone in a case of granulomatous hypophysitis.** (remote imperial pituitary masterclass meeting Sep 2021)
- **Ayoub K, Shaheen A, Hajat S. Postpartum Depression in The Arab Region: A Systematic Literature Review. Clin Pract Epidemiol Ment Health.** 2020; 16(Suppl-1): 142–155.
- **Abdoh Q, Kharraz L, Ayoub K, Khraim J, Awad W, Sbeah A, Turman S. Helicobacter pylori resistance to antibiotics at the An-Najah National University Hospital: a cross-sectional study. The Lancet.** 2018 Feb 21;391 Suppl 2:S32. [conference abstract]
- **Sawalmeh O, Hamdan Z, Moalla S, Masri H, Ayoub K, Khazneh E, Shraim M. Pulse versus daily oral Alfacalcidol treatment of secondary hyperparathyroidism in hemodialysis patients: a randomized controlled trial. International Journal of Nephrology and Renovascular Diseases.** 2018 Jan 15;11:25-32.
- **Abuhelwa Z, Al Shaer Q, Taha S, Ayoub K, Amer R. Characteristics of De Novo Acute Myeloid Leukemia Patients in Palestine: Experience of An-Najah National University Hospital. Asian Pacific Journal of Cancer Prevention, (18:9),** September 2017, Page 2459-2464.
- **Daralammouri Y, Ayoub K, Badrieh N, Lauer B. A hybrid approach for quantifying aortic valve stenosis using impedance cardiography and echocardiography. BMC Cardiovascular Disorders** 2016 16:19
- **Ayoub, Shaheen A, Hajat S. Prevalence and associated factors of post-partum depression in Palestinian mothers: a cross-sectional study. The Lancet,** (390), Special Issue, S31, August 2017; [conference abstract].

References

- **Dr. Omar Mustafa.** Consultant Physician in Diabetes, King's College Hospital, London. omarmustafa@nhs.net (Clinical supervisor)
- **Dr. Jackie Gilbert.** Consultant Physician in Endocrinology, King's College Hospital, London. jackiegilbert@nhs.net (Educational Supervisor)
- **Dr. Carol Gayle.** Consultant Physician in Diabetes and previous clinical lead for diabetes, King's College Hospital, London. carol.gayle@nhs.net
- **Dr. Simon Aylwin.** Consultant Physician in Endocrinology and clinical lead for endocrinology, King's College Hospital, London. simonaylwin@nhs.net
- **Dr. Shadi Khilfeh.** Consultant gastroenterologist. Director of the Department of Medicine. An-Najah National University, Nablus. Shadik@najah.edu