

CV

Ahmad Adel Kayed Hanani

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<https://scholar.google.com/citations?user=exBuM24AAAAJ&hl=en>

Education

2018- Ankara University, Ph.D. of Psychological Counseling

Ankara, Turkey

2007- Al Quds University, MA of Psychological Counseling

Abu Dis, Palestine

2004- Al Quds University, BA of Science, Public Health

Abu Dis, Palestine

1998- Qadri Tuqan Secondary School, Tawjihi -Science branch-

Nablus, Palestine

Skills

Fluent in Arabic, Advanced in English, Intermediate Turkish, Microsoft Office Package, Proficient in SPSS, ZOOM, and Moodle Programs.

Experiences

9/ 2019-
until now

An-Najah National University- Nablus, Palestine, Faculty of Medicine and Health Sciences, to teach the following courses in the English language:

1. Clinical Psychology
2. Behavioral Medicine
3. Research Methods for Health Sciences

2021- now

An-Najah National University, Faculty of Graduate Studies, to teach the following courses in the English and Arabic languages:

1. Cognitive Behavioral Therapy
2. Social Determinants of Health in Clinical Research
3. Supervision in Counseling
4. Psychodynamic Psychotherapy
5. Mental disorders
6. Ethics of Art therapy
7. Rehabilitation Psychology
8. Principles and Practice of Arts Therapy

9/2015 – 10/2020

Modern University College- Ramallah, as a head department, and teaching the following courses

1. Mental Health
2. Psychosocial Aspect in Health Care
3. Psychiatric Nursing
4. Guidance and psychological counseling
5. Social psychology
6. Play psychology
7. Emotional development
8. Introduction to Scientific Research
9. Ethics of the Medical Profession
10. Medical Terminology

2/2020-8/2020
-Part-time-

Arab American University -Palestine, Faculty of Nursing, to teach the following course:

1. Psychosocial Aspect in Health Care course

9/2014–6/2015

Nursin Ozel Egitim - Sudan School - Ankara, Turkey, as deputy manager for academic affairs & Psychological Consultant, main duties: Identify emotional, mental, and behavioral problems in school Psychotherapy for Individual and group.

2008-2012	<p>TOMORROW'S YOUTH ORGANIZATION: American non-profit organization works with children, youth, and parents through psychosocial aspect programs, as a head of health program and youth service-learning program coordinator. main duties:</p> <ul style="list-style-type: none"> -Led intervention program with families in the camps for coping strategy enhancement, self-monitoring approaches, and problem-solving -Design and implement training for UNRWA's teachers-Professional development and students - Led community need assessment project with Taylor Health association in Palestine -Led training and workshops with parents on different Health and social topics. -Developed training for volunteers on professional skills, life skills, and soft skills such as teamwork, leadership, time management, working with a multicultural group, and Working Under pressure. -Design and implement projects in community-based initiatives, literacy, health, and recycling for children and youth. -Developed and implemented a monitoring and evaluation system for the TYO program to measure children's and student volunteers' experience and performance. -Work with community organizations and universities to recruit university students for the Youth Service-Learning Program. -Planned and implemented non-formal education events for children 3 to 14 years 	Nablus, Palestine
2007-2008	<p>AL QUDS OPEN UNIVERSITY- Qalqilya, Palestine</p> <p>as Lecturer for the following courses</p> <ol style="list-style-type: none"> 1. Mental Health 2. Adjustment and Mental Health 3. Special Education 	

Research & Publication

1- The Impact of COVID-19 on Nurses' Feelings, Stress, Coping, and Motivation in Palestinian Treatment Centers of Corona/ An-Najah University Journal for Research - B (Humanities) April/ 2025 / Journal Scopus – Q4- (Corresponding author)
2- Investigating knowledge and attitudes toward genetic testing and counseling among Palestinians/ Scientific Reports/ February 2025/ Journal Scopus (IF 3.6) - Q1
3- Prediction of Medical Students' Mental Health in Palestine During Covid-19 Using Deep and Machine Learning / Palestinian Medical and Pharmaceutical Journal/ December2024 /Journal Scopus- Q4 - (Corresponding author)
4- The relationship Between Mental Health and “Smoking, Energy Drinks” among High School Students in Nablus Governorate / Journal of Art, Literature, Humanities and Social Sciences/ October 2024- Journal (peer reviewed) / (Corresponding author)
5- A comparative Study on Self-Esteem among Secondary School Students in the Northern Governorates of the West Bank in Palestine/ International Journal of Humanities and Social Sciences/ October 2024/ Journal (peer reviewed)
6- Mental Health Well-being and Quality of Life among Celiac, Ulcerative Colitis and Crohns' Disease Patients in Palestine / Cogent Psychology- Tylor & Francis/ June 2024/ Journal Scopus/ (IF: 1.6)- Q2- (Corresponding author)
7- Exam- related Stress and the Pattern of Substance use and Misuse Among Palestinian Medical and Health Sciences Students/ Discover Psychology – Springer/ September 2023/ Journal Scopus
8- High- risk drug use among Palestinian adolescent refugees in the Northwest Bank, Palestine/ Journal of Ethnicity in Substance Abuse/ November 2023/ Journal Scopus (IF: 1.1) - Q2
9- The Psychological Impact of Covid-19 on Healthcare Work Force in the Middle East Region C-S study/ Frontiers in Psychiatry/ March 2023/ Journal Scopus/ (IF: 3.2)- Q1
10- Effect of Cognitive Behavioral Therapy Program on Mental Health Status Among Medical Students in Palestine During Covid Pandemic/ BMC Psychiatry/ May 2022/ Journal Scopus/ (IF: 3.4)- Q1- (Corresponding author)
11- The Prevalence of Water Pipe Smoking and Perceptions on its Addiction among University Students in Palestine, Jordan, and Turkey/ Asian Pacific Journal of Cancer

Prevention/ April 2022/ Journal Scopus / Q3
The relationship between major depressive disorder and biomarkers: a literature review/ The First Jordanian Conference on Mental Health – University of Jordan / May 2023/ Presenter
Prediction of Medical Students' Mental Health in Palestine During Covid-19 Using Deep and Machine Learning/ The Second International Conference on Applied Medical Sciences/ March 2023/ Presenter

Supervision for Graduate students

2025- Psychological security and resilience and their relationship to future anxiety among young people in Palestine: Jenin as a model/ **as principal supervisor**

2025- The effectiveness of acceptance and commitment therapy on the mental health of mothers' individuals with autism spectrum disorder / **as principal supervisor**

2025- The impact of physical and psychological violence on depression symptoms and psychological trauma among liberated prisoners in Palestine/ **as principal supervisor**

2025- Cognitive distortions and their relationship to mental health among students at al-wadi secondary school in Jerusalem/ **as principal supervisor**

2025- Effect of cognitive behavioral therapy on postpartum depression among Palestinian women/ **as principal supervisor**

2024- Prevalence of intimate partner violence among postgraduate students in Palestine/ **as principal supervisor**

2024- The impact of cyberbullying on phubbing behavior and the mediating role of self-efficacy among university students in Palestine/ **as principal supervisor**

2024- The impact of war on feelings of confusion and anxiety across different age groups in the Palestinian community: a case study of the triangle area/ **as principal supervisor**

2024- Personal traits, motivation, and job performance of physicians and nurses in Palestine/ **as principal supervisor**

2024- The relationship between family cohesion, adaptability, and postpartum depression among Palestinian women/ **as principal supervisor**

2023- Assessment of the field practicum for psychology and counseling students in the Palestinian universities and its relation to their personal and vocational development/ **as principal supervisor**

2022- Cognitive distortions, lifestyles, and their relations to perceived self-efficacy among Special needs families in Jerusalem/ **as principal supervisor**

2021- The impact of COVID-19 on nurses' feelings, stress, coping, and motivation in Palestinian treatment centers of corona – master's degree thesis/ **as a second supervisor**

Leadership

2024- Now – Associate Editor at An-Najah University Journal for Research - B (Humanities)

2024- Now- Editorial board at Modern Journal of Health and Applied Sciences

2024- Now - Active member at Nafsanoun -Beirut /Lebanon

2020- Now - Active member of American Psychological Association

2021- 2023- Consultant at the holistic center for psychotherapy and consultations

2016- 2020- Academic & Psychological Consultant at ACT center for academic and cultural training

2014- 2015- Psychological Advisory for Consultant for Libyan School in Ankara
Co-Founder of International Student Forum in Turkey

Awards

2023 Scientific Publication by High Impact Journals Award
An-Najah National University

2024 Extracted Research from BA, MA & PhD Theses Award
An-Najah National University