**CURRICULUM VITAe**

**imad numan rabah thultheen**

# Personal Information:

•**Name:** Imad Numan Rabah Thultheen

•**Marital status:**  Married

•**Nationality:** Jordanian

•**Date of Birth:** 25th Feb 1976

•**Email:** [thultheen@yahoo.com](mailto:thultheen@yahoo.com)

[Imad.t@najah.edu](mailto:Imad.t@najah.edu)

•**Mob:** (+972) 592708853

### Education

•**PhD in Nursing (Critical Care Nursing)**

University of Jordan **[**2010-2015]

[The title of my dissertation was (The effect of implementing delirium prevention program by nurses on patients’ key quality indicators at intensive care units]

•**MSc Clinical Nursing (Critical Care Nursing)**

University of Jordan 2002

**•BSc General Nursing**

Jordan University of science and technology (JUST) 1998

#### Employment History

**•An-Najah National University Augest 2018 (Current employment )**

Iam working as **assistant professor and head of adult nursing department** in nursing college from Augest 2018 teaching nursing student the following subject, adult health nursing one and two ,critical care nursing , health assessment, nursing research and research project.

**•Alfarabi Private Colleges from Augest 2015 to Augest 2018**

Iam working as **assistant professor and acting head of nursing department** for both section male and female in nursing college. Teaching nursing student the following subject, adult health nursing one and two ,critical care nursing , health assessment, child health nursing, grwoth and development and nursing research

**Inaya medical colleges from Augest 2012 to Augest 2018 part time evening time**

Iam working as assistant professor in nursing college. Teaching nursing student the following subject, adult health nursing one and two ,critical care nursing , health assessment, child health nursing, grwoth and development and nursing research

Inaya medical colleges

**•King Saud University, riyadh [2012 to 2015]**

Iam working as nursing lecturer teaching nursing student the following subject

Emergency nursing \Critical Care Nursing \Health Assessment / medical surgical nursing \Medical Terminology

**•King Saud University, riyadh [2006 to 2010]**

Iam working as nursing lecturer teaching nursing student the following subject

Emergency nursing \Critical Care Nursing \Health Assessment / medical surgical nursing \Medical Terminology

**• King Faisel Specialist Hospital and Research Center Jeddah** **JCI and magenet accredited hospital [2004 to 2006]**

I worked in the emergency departmet as SN1 and charge nurse during that time I recertified BCLS, ACLS, PALS provider. This is one of the largest emergency departments in Saudi Arabia,. Duties included supervising staff, devisinfg and implementing rotas and traing staff in various clinical concept.

**• A.D.I-Arab Development Institute, Jeddah Saudi-Arabia [2002 to 2004]**

In addition to teaching as a nursing lecturer, Iworked as the **Academic dircertor**, for the male & female section. Responsibilities include planning, organizing, directing and controlling both the staff and students. Liaising with Hospitals and other medical institutions in order for us to keep up with current developments in the field of nursing and also to ensure the best level of training for our students.

**• Al Essra Hospital, Jordon [2001-02]**

I worked as a nursing supervisor in the emergency department providing treatment for a wide range of patients. This is one of the largest emergency departments in Jordan.

**• Jordan Hospiatal, Jordan [2000-01]**

Worked as a nurse in the intensive care unit of this hospital. Here I worked with, and was exposed to various medical cases such as, post open heart surgery and post kidney transplant .

**• Rafeedia Hospital, West Bank[1998-00]**

Here I worked as a nurse in the emergency department of this state-funded hospital. Duties included working various shifts and working closely with the supervisior in order to ensure the smooth running of the department.

**• Ittihad Hospial, West Bank[1998-00]**

Worked as a nurse in the intensive care unit of this hospital. I also worked in the medical and surgical units, with gave me greater exposure to different fields of nursing, although most of my work was carried out in the emergency department.

### Publication

* Hamdan-Mansour, A. M., Thultheen, I. N., Alduraidi, H., Hamaideh, S. H., BaniHani, M., & Hamdan-Mansour, R. A. **(2022)** Relationship among depression, psychological distress, and sleep disturbances among older persons with Chronic illness. Aging Medicine and Healthcare, 13(3), 125-131. <https://doi.org/10.33879/amh.133.2021.10104>
* Toqan, D., Ayed, A., Joudallah, H., Amoudi, M., Malak, M. Z., Thultheen, I., & Batran, A. **(2022).** Effect of Progressive Muscle Relaxation Exercise on Anxiety Reduction Among Nursing Students During Their Initial Clinical Training: A Quasi-Experimental Study. INQUIRY: The Journal of Health Care Organization, Provision, and Financing, 59, 00469580221097425.
* "Ayed A, Khalaf IA, Fashafsheh I, Saleh A, Bawadi H, Abuidhail J, Thultheen I, Joudallah H**. (2022)** Effect of High-Fidelity Simulation on Clinical Judgment Among Nursing Students. INQUIRY: The Journal of Health Care Organization, Provision, and Financing. 2022 Mar 10;59:00469580221081997
* Al Omari, O., Khalaf, A., Al Delaimy, W., Al Qadire, M., Khatatbeh, M. M., & Thultheen, I**. (2022).** Perceptions of challenges affecting research ethics committees’ members at medical and health science colleges in Omani and Jordanian Universities. Journal of Academic Ethics, 20(2), 227-241.
* Abu Tabar N, Al Qadire M, Thultheen I and Alshraideh J. **(2021)**Health-Related Quality Of Life, Uncertainty, ‎and Anxiety among Patients with Chronic Obstructive Pulmonary Disease. F1000Research, 10:420 (<https://doi.org/10.12688/f1000research.51936.1>)
* Thultheen, I., Mansour, A. M. H., Zandeeq, W., Ewesat, M., Razek, S., & Jabareen, D. (**2021)** Knowledge, Attitude and Quality of Life among Type 2 Diabetic Patients in Palestine. Medico Legal Update, 21(1), 355-359.
* Al-Rajabi, O , Al Hadid, L Hamdan-Mansour, A ,Thultheen, I (**2020)** Psychological distress and socio-demographics as predictors of seeking professional psychological counseling among university students in Jordan. Psychology and Education. 57(6): 425-428.
* Al-Khawaldeh, S. A., Hamdan-Mansour, A. M., Shehadeh, J. H., & Thultheen, I. N. **(2020)**. Socio-Demographics and Psychological Correlates of Anger Among Individuals Diagnosed with Alcohol Use Disorder In Jordan. The Open Nursing Journal, 14(1) 135-140 doi: 10.2174/1874434602014010135
* Shehadeh, J., Hamdan-Mansour, A. M., Halasa, S. N., Hani, M. H., Nabolsi, M. M., Thultheen, I., &amp; Nassar, O. S. **(2020).** Academic Stress and Self-Efficacy as Predictors of Academic Satisfaction among Nursing Students. The Open Nursing Journal, 14(1), 92-99. doi:10.2174/1874434602014010092
* AL-Rababah, D, Fashafsheh,I Thultheen I, ALotaibi,M Nassani,M **( 2017)** Predictors of Culture Competence among Nursing Students in Riyadh City- Saudi Arabia, Journal of Health, Medicine and Nursing, 35, 70-74.
* Abumayyaleh, B Khraisat, O Hamaideh, S A Ahmed, A Thultheen. I. **(2016)** Moral Distress and Turnover Intention among Critical Care Nurses in Saudi Arabia. International Journal of Nursing and Health Science, 3(6) 59-64.
* Fashafsheh, I., Ayed, A., Koni, M., Hussein, S. and Thultheen, I. **(2016)** Midwives and Nurses Compliance with Standard Precautions in Palestinian Hospitals. Open Journal of Nursing, 6, 294-302.

### Hamdan-Mansour, A. M., Aboshaiqah, A. E., Thultheen, I . N., A& Salim, W. M. (2015). Psychological Wellbeing of Saudi Patients Diagnosed with Chronic Illnesses. Psychology, 6, 55-62.

### Aboshaiqah, A Hamdan-Mansour, A Thultheen, I Salim,W Azzeghaiby,S Anani.M (2014) Patients’ satisfaction about nurses’ competency in practicing communication skills. Life Sci J (2014);11(3):339-345

### Hamdan-Mansour, A. El Ebeiat, D. Ghannam, B., Al Badawi, T., Thultheen, I., & Shamali, I. (2014). Predictors of depression among patients diagnosed with chronic illnesses. Wulfenia, 21 (1).

### External examiner for msc thesis

* **Knowledge, attitudes, practice and perceived barriers associated with Evidence Based practice among nurses in Intensive care units in North West bank hospitals By Zeina Dabak,** Supervisor Dr. Dalia Toqan Co-supervisor Dr. Imad Fashafsheh Master’s degree in Critical Care Nursing September /2022 Arab American University – Palestine Faculty of Graduate Studies
* **The effect of prophylactic preoperative nebulized ketamine vs. nebulized dexamethasone on postoperative sore throat in patients undergoing surgery under general anesthesia. A randomized, placebo-controlled, double-blind trial**. By Mohammad Moufeed Mahmoud Nursing Anesthesia Master Supervisor:Dr. Aidah Abu El-Soud Al-KaissiCo-supervisor: Dr. NouraldinAlmasri Master's Degree in Nursing Anesthesia Program, Faculty of Graduate Studies, An-Najah National University, Nablus-Palestine.2022
* **“The Factors Influencing Nurses' Clinical Decision-Making in emergency department: Nursing ‎perspective”** By Ahmed Yahya Mohammed Abu Arra Supervisor Dr. Ahmad Ayed. Arab American University – Palestine Faculty of Graduate Studies 2022 .
* **Short term outcomes of administrating antiplatelet clopidogrel loading dose in the Emergency Department for low-risk acute coronary syndrome patient in North West Bank hospital** By Akram “Muhammad Shareef” Abd Allateef Shahroor Supervisor

Dr. Jamal Qaddumi. Arab American University – Palestine Faculty of Graduate Studies 2021 .

* **Evaluation of clinical competence and its related factors among Emergency nurses in Palestine governmental hospital**. By Diya Basem Amarneh SupervisorDr. Basma Salameh. Arab American University – Palestine Faculty of Graduate Studies 2021
* **Resilience, Self-Efficacy, and Burnout Among Undergraduate Nursing Students in Palestine: a descriptive correlational study supervised** by Dr.Adnan Sarhan An-Najah National University 2021

* **The Influencing Factors of Missed Nursing Care in Intensive Care Units In The Northern Hospitals of West Bank – Palestine.** By Hameed Daraghmeh Supervised by Dr. Ahmad Ayedi Arab American University – Palestine Faculty of Graduate Studies 2021
* **Effect of High Flow Nasal Cannula Comparing with Noninvasive Positive Pressure Ventilation in Patient with Acute Hypoxemic Respiratory Failure in Intensive Care Unit at a Hospital in the Northern of West Bank - Palestine:** A Retrospective Study. By Isra Sarees Supervised by Dr. Aidah Alkaissi nad Dr. Wael Sadqa An-Najah National University 2021
* **Knowledge, Attitude, and Practice towards Retinopathy of Prematurity among Neonatal Intensive Care Nurses in Palestine** By Ibrahim Hasan Mahmoud Abu trabi Supervisor Dr. Ahmad Ayedi Arab American University – Palestine Faculty of Graduate Studies 2020
* **Knowledge and practices of nurses about deep vein Thrombosis (dvt) risks and prophylaxis** Supervisor Dr.Jamal Alqadomi An-Najah National University 2020
* **Does perioperative intravenous dextrose reduce postoperative nausea and vomiting?** Supervised by Dr.Aidah Alqaisi An-Najah National University 2019

**Supervisor for msc student in critical care nursing**

* Prevelance and risk factror of delirium for intesive care unit patients

### Supervisor of research project for undergraduate student

### COVID-19 Side Effects as Reported by medical and health sciences students at An-Najah National University,Palastine 2021

### A study of critical care nurses' knowledge, practice and perception surrounding early intravenous antibiotic initiation during septic shock 2020

### Insulin Characteristics, Preparation, and administration related knowledge and practice skill among Nurses in Palestine: a cross sectional study 2020

### Effect of implementing web-based concept mapping on nursing student learning of adult-health nursing course ,concept mapping and critical thinking skill : Randomized clinical Trial 2020

### An assessment of nurses' knowledge regarding noise in intensive care units in Palestine-Nablus 2020

### Assessment of knowledge, attitudes and practices toward prevention of hepatitis B virus infection among students of medicine and health sciences in AN-Najah national university 2019

### Prevalence of delirium for patient in the intensive care units.2019

### Knowledge and nursing practice of critical care nurses caring for patients with delirium in the intensive care units 2019

### Adherence to medication treatment in chronic renal failure 2019

### Evidence based practice belief and implementation among nurses.2019

### Training courses

• **How to write course and program report** National Commission for Academic Accreditation and Assessment (2017)

• **Self-study report** National Commission for Academic Accreditation and Assessment (2016)

• **Interactive learning** from king Saud University [2015]

• **Problem based learning** from king Saud University [2010]

• **Competency based learning** from king Saud University [2010]

• **Quality and academic accreditation for nursing college staff** [2010]

• **Education based on outcomes workshop** from king Saud University [2010]

• **"Applied Health Informatics" conference** [2010]

• **Fundamental of Quality Management** from king Saud University [2009]

• **Update in emergency nursing** from King Fahd Medical City [2007]

• **Evidence based nursing** from King Fahd Medical City [2008]

• **Evidence based nursing** from King Faisal Hospital and research centre [2006]

• **Advance paediatric life support** from American Heart Association-[2006]

• **Advance Cardiac Life Support** from American Heart Association [2006]

• **Basic life support** from American Heart Association [2014]

#### Commitees

* Coordinator of quality committee in nursing department
* Level 4 coordinator 2015
* Course Coordinator for critical care nursing,adult health nursing and health assessment courses
* Member of recruitment committee in medical surgical department 2014-2015

• Coordinator of intership program 2009 to 2010

• Coordinatar of final exam committee college of nursing 2006 to 2010

• Member of curricuilm and planing committee 2006-2015

• head of clinical training committee 2006 to 2010

• Member in the Medical Surgical Department since 2006

##### References

Prof. Jafar Ali Alasad Alshraideh Professor, School of Nursing: The University of Jordan

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Dr. Mohammed Yacoub Associate Professor School of Nursing: The University of Jordan

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