**Filasteen Mustafa Ismail Nazzal**

*Head of Psychology and counseling department*

*Faculty member, An-Najah National University, Nablus*

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**Personal Data**  
**Gender**: Female  
**Nationality**: Palestinian  
**Religion**: Islam  
**Marital status**: single  
**Address**: Qabatiya- Jenin

**Qualifications**

2018 Ph.D. degree of psychology, Porto University, Portugal.  
 2005 - Master degree of Counseling, Yarmouk University, Jordan (grade: A+).  
 1998 - Bachelor degree of Educational Psychology, An- Najah National University Nablus (grade: B+).  
 1994 – High School General Examination Certificate (Tawjihi), Girls Secondary School, Jenin (grade: B).

**Experience**

2005 - now- lecturer, Psychology Dept, An-Najah National University, Nablus.

2007 -2011 – part time instructor, Al-Rawada College, Nablus

2005 - 2008 - part time lecturer, Al-Quds Open University, Jenin.

2000 – 2002 (2yrs) – lecturer, Arab-American University, Jenin.

1999 - 2000 (one year) - Psychological Counsellor, Latin Patriarchate College, Zababdeh

1999 - Field researcher, Central Bureau of Statistics, Jenin District

1998 - Interirn psychologist, Psychiatric Clinic - MoH health center, Jenin.

**Training Courses**

* TOT (30 training hrs, 2011).
* English language conversation course (25 hrs., Aug 2010).
* Training course on Energy and Human Development (18 hrs., Aug .2010).
* Training course on the applications of IT (50 hrs, 2009).
* Training course on methods of teaching and assessment (20 hrs, 2009|)
* Training course on women's rights at work (18 hrs, Dec 2008), Democracy and Workers' Rights Center.
* Special session on dealing with children at risk, (1st semester, 2003 / 2004),

Organized by Quest Scope Association for Social Development in collaboration with Yarmouk University, Jordan.

* A course on the development of communication skills (1999).
* A course on first aid (1999).
* A course on computer windows + dos (1997).
* Portuguese language course from 15th October 2014 – 20th February 2015.
* English language course from 25th March 2015 – 17th June 2015 (30 hours).
* Training course on "Academic Writing and Writing Research", from 28th Abril – 25th May 2016 - Faculdade de Psicologia e de Ciências da Educação da Universidade do Porto.

**publications:**

* “Psychometric Analysis of the Short-form UCLA Loneliness Scale (ULS-6) among Palestinian University Students”. This article has been accepted for publication in Interpersona: An International Journal on Personal Relationships (IJPR), on 12- October -2017
* “Psychological predictors of loneliness among the Palestinian university students in the West Bank”. This article has been accepted for publication in Transcultural Psychiatry, on 15-Sep-2017
* “Psychological problems among the Palestinian university students on the West Bank”. This article has been published in the issue of Bioscience Biotechnology Research Communications BBRC Vol 10 No.2 (April-June 2017)

**Workshops and conferences**

* Scientific Conference "The role of social service in the Palestinian society,” An-Najah N. University, Nablus, Sept. 2011. (Attendance)
* The Ninth National Conference on Children Rights " Protection, Advocacy, Best interests", An-Najah N. University, 26 – 27 Oct 2011. (Attendance).
* Workshop on the Occasion of World Mental Health entitled "Together Towards Better Mental Health", An-Najah. N. University, 13 Oct. 2011. Presented a paper on "The role of psychological counseling to achieve mental health."
* Workshop on "Social behavior modification to reduce the spread of drugs", 3 March 2011.
* Workshop on "expressive therapy”, 28 March2011.
* Workshop entitled “School Counseling and its requirements" ,9 – 14 March 2011.
* Workshop on "Field Training for students of the Department of Psychology and Counseling" Dec 6-8, 2010.
* A seminar entitled "The Art of Dialogue", An-Najah University, and Oct. 31, 2010.
* Workshop on "the activation of the role of the union of social workers and psychologists, Nablus, Oct. 29, 2010.
* A seminar entitled "So they change what they have themselves", An-Najah N University, Oct. 25, 2010.
* Workshop parallel to the International Education Conference in Palestine (10-2010 "the role of psychological counseling to inclusive education, Oct 2020.( participant)
* Workshop on" Women for Civil Peace" in collaboration with the Center for Democracy and Conflict Resolution - Nablus, 2010.
* Workshop on Training on Education - Center for Studies and Educational Applications, in collaboration with the British Institution "Face to Faith", 2010.
* Several workshops on the critical thinking for teachers of private schools (Ideal school network) in the governorates of Ramallah, Bethlehem, Hebron. Jericho, (participation and presence).
* Presentation on 14th July 2015 “Perceived Social Support, Loneliness, and Life Satisfaction among the Palestinian University Students in West Bank”

Faculdade de Psicologia e de Ciências da Educação da Universidade do Porto / Portugal.

* The second symposium of the doutoral programe in psychology- university of Porto- 11-13 March 2016 - Faculdade de Psicologia e de Ciências da Educação da Universidade do Porto / Portugal.

“Predictors of loneliness among the Palestinian university students in West Bank”

* TH INTERNATIONAL CONGRESS of EDUCATIONAL SCIENCES and DEVELOPMENT - Santiago de Compostela\ spain 23-25 June 2016

“Mental health problems among the Palestinian university students on the West bank”

* "The Second Palestinian International Graduate Conference on Natural, Medical and Health Sciences ‎and Humanities‏) ‏SPIGCNMHSH 2017)‎". 20 Abril 2017 at An-Najah National University, Nablus, Palestine. “Loneliness and love attitudes among Palestinian university students”

**Languages**

Arabic (native)

English (excellent command: written and spoken)

**References**  
Dr. Shadi abu alkabash, An-Najah N. University, Nablus. (Tel: 09-2345113)  
Dr. Fakher Alkhalili, An-Najah N. University, Nablus (Tel: 09-23451113).

Dr. Mahmoud Abu Ta'a, Arab-American University (Tel: 04-2510801).