

Table 2 —*Pulicaria incisa* aqueous extract cytotoxic and cytostatic effect on HT-29, HeLa and B16–F1 cell lines at different concentrations by LDH assay

Concentration (mg/mL)	HT-29		HeLa		B16–F1	
	Cytotoxic * (%)	Cytostatic (%)	Cytotoxic (%)	Cytostatic	Cytotoxic (%)	Cytostatic (%)
5	98.1	74	63	16.4	71.9	93.1
2.5	87.7	49.1	10.2	11.4	53.6	49.8
1.25	77.3	31.3	8.5	9.3	40.3	37.1
0.6125	64.3	18	2.4	4.8	37.7	34.1
0.3125	61	9.6	0.3	4.4	20.3	31.4

*Percentage of dead cells

Fig. 3 —Percentage of DPPH inhibition activity of the aqueous extracts from *P. incisa* and ascorbic acid.

Total phenol content and antioxidant results

The current research estimated the TPC of *P. incisa* leaf aqueous extract. The TPC was calculated from the regression equation of the calibration curve: ($y = 0.0069x + 0.0696$), $R^2 = 0.9994$, and expressed in gallic acid equivalents per gram dry extract weight. The amount of total phenolic content in this aqueous extract is equal to 155 mg/g in GA equivalent. In addition, the prepared extract showed a high DPPH scavenging power that resembles the scavenging power of ascorbic acid mainly at high concentration, as it reaches around 80% at 50 $\mu\text{g/mL}$ concentration (Fig. 3). Given that, the IC₅₀ value for this aqueous extract was 20.9274 $\mu\text{g/mL}$.

Discussion

The search for new chemopreventive agents against cancer has shed light on the field of phytochemicals. From the dawn of the area of medicine, the plant kingdom has been playing a vital role in providing diversity in medications used for cancer treatment²¹. Combination therapy is a smart strategy that enhances the activities of different drugs and reduces both the dose as well as side effects. *P. incisa*, the studied plant species in this research, was reported to be subjected to a different phytochemical screening. The phytochemical analysis of *P. incisa* showed an

intermediate amount of total tannins, alkaloids, and saponins reported to have medicinal activity and exhibit physiological activity²². High concentrations of carvotanacetone and chrysanthenone were found in both leaves and flower oils²³. Also, El-Shahaby *et al.* quantified the active secondary ingredients in *P. incisa*, including alkaloids, phenolics, flavonoids, and tannins²⁴. Furthermore, *P. incisa* contains large quantities of total flavonoids and total phenolics, especially in the flower^{7,25}. Consequently, *P. incisa* total aerial part can be used as an antitumor agent. According to the literature, flavonoids have been shown to have anticancer activities²⁶. They intervene with many signal transduction pathways, leading to proliferation, angiogenesis, and metastasis limitation or apoptosis enhancement. Moreover, phenols have antibacterial and anti-inflammatory activities²⁷. Also, they are responsible for an antioxidant and free radical scavenging effect of plant materials²⁸. In addition to that, phenols possess a wide range of biological activities, most of which are correlated to the control of carcinogenesis and have been identified to affect all stages of cancer progression²⁹. In this aspect, phenolic extracts were shown to inhibit the growth of HT-29, and HCT–116 tumour cell line³⁰. Likewise, they showed a strong anti-skin cancer effect³¹. Similarly, tannins have been found to have powerful anticancer activities against various cancer cells. Generally, proliferation inhibition, apoptosis induction, invasion suppression, and angiogenesis inhibition are predominantly influenced by tannins³². Moreover, several alkaloids isolated from natural herbs have demonstrated both *in vitro* and *in vivo* anti-proliferation and anti-metastasis effects against many types of cancers. Camptothecin and vinblastine are examples of alkaloids that have been successfully formulated to be used as anticancer medicines³³. In this regard, other compounds such as camptothecin, a topoisomerase I inhibitor, and vinblastine, which interacts with tubulin, have already been successfully

developed into chemotherapeutic drugs³⁴. In addition to the mentioned phytochemicals, plant saponins have been already reported to possess a wide range of biological activities³⁵. These activities include the anticancer cytotoxic activity of saponins, as they have a significant cytotoxic effect on HeLa cells³⁶. Moreover, saponins reveal significant anticancer activities by targeting various cancer-related proteins and pathways, such as cell cycle arrest, apoptosis induction, ER stress activation, migration inhibition, invasion inhibition, and MDR reversal³⁷. According to the previous information, the results in the current research indicated that *P. incisa* has significant cytotoxic and cytostatic activity against (Hela), (HT-29), and (B16-F1) cell lines. These activities may be explained by the fact that the prepared extract could be affecting the cell cycle by stimulating cell death through the activation of caspases, in addition to the induction of cell cycle arrest and apoptosis. However, the finding in this research is in accordance with El-Naggar *et al.*, study as they also found that the *P. incisa* extract was one of their tested plants that showed high anticarcinogenic impact on HepG-2 and/or MCF7 cell lines³⁸. *P. incisa* provides a high cytotoxic effect against MCF-7 cell lines (less than 30 ug/mL). The presence of secondary metabolites like phenolics and flavonoids that offer antioxidant capacity may be the possible causative agents for such cytotoxic activities. It was shown that the leaf and flower oils of *P. incisa* have cytotoxic activity against liver cell carcinoma HEPG-2 which was determined using an MTT assay. That suggested the efficient cytotoxic activity of leaf oil may be attributed to its high content of carvotanacetone²⁴. Also, previous reports have shown that *P. jaubertii* has anticarcinogenic and chemopreventive activity^{39,40}.

Conclusion

The cytotoxic and cytostatic effect of *P. incisa* against the three cell lines is due to the presence of several phytochemicals. So, it is proposed to use this plant species as a source for antitumor agents either alone or in combination with other agents for cancer treatment. Furthermore, elaborated *in vivo* studies are required to understand the medicinal values against cervical, colorectal, and melanoma cancers. Taken into account, the anticancer effect of plant extracts depends on the plant species, the solvent used, and the used concentrations. In conclusion, traditional medicinal plants in Palestine are a valuable source for the discovery and formulation of new anticancer

agents. However, there is a need for further studies that fully characterize their activity in order to exclude or include other compounds that may be found in *P. incisa*.

Conflict of interest

The authors declare that there are no conflicts of interest regarding the publication of this article.

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