

*

(90)

2003/12/13	2003/12/5
(40)	(Vealey et al., 1998)

.)

.(

(6.5)

(7.67)

(6.74)

(0.05 ≥ α)

(24 :1993)

(Self - Confidence)

.1

(Personality)

(1987)

(Erikson)

2004/8/4

.2005/5/23

*

Vealey et al.,)

(Sources of Sport - Confidence Questionnaire) (1998 (Bandura) (Harter) (Necholls) (SSCQ) (145 :1995)

(1995) .((1978)

(Vealey et al., 1998)

1993 (124 :1995) (Bandura) (Self - Efficacy Theory)

(Self - Efficacy) (Personal Competence) (Vealey et al., 1998)

(Intrinsic Motivation)

Conceptual Framework of)

(Sport Confidence

-.1 (

.2

(1999)

.3

: -1

.4

: -2

2003/12/5

.2003/12/13

.2

:

.1

(Garian, 1997)

(1999)

.2

(Cullinane, 1996)

(Sax, 1992)

(1995)

(1992)

(Kloosterman, 1988)

(Rondney et

al., 2004)

(216)

96 50

:

(2003)

.1

.2

.3

(%40)

(600)

($0.05 \geq \alpha$)

(0.05 = α)

Sources of Sport -)

.(SSCQ) (Confidence Questionnaire

(Vealey et al., 1998)

(%70)

(% 77.55)

(%80)

(%80.33)

(4)

(%79.88)

(%79.55)

(%77)

(%77.22)

(%76.33)

(208)

(335)

(%74.55)

.(%73.33)

(0.30)

.(0.93)

(40)

(1999)

(Scott, 1997)

(48)

(320)

(Vealey et al., 1998)

(40)

(Yang, 1995)

)

(15)

(18)

(23)

.(

(6.5)

(7.24)

(6.55)

(Thibodeu, 1993)

(2x4)

(166)

(4936)

(Lirge, 1992)

2003/12/5

(168)

2003/12/13

(14)

(%53.57)

(90)

(1)

(Vealey, 1998)

(1)

.3

(%)				
10	9			1
13.3	12			2
03.3	3			3
01.1	1			4
12.2	11			5
8.9	8			6
11.1	10			7
11.1	10			8
8.9	8			9
11.1	10			10
8.9	8			11
100	90			

.1
(0.05 ≥ α)

.2
(0.05 ≥ α)

.3
(0.05 ≥ α)

.4
(0.05 ≥ α)

(1999) (SSCQ) (Confidence Questionnaire
(Vealey et al., 1998)

(4) (3) (2)

(2)

(9)
(40)
(5) : (Mastery) .1
(5-1)
:(Demonstration of Ability) .2
(11-6) (6)

(%)		
17.8	16	5
31.1	28	10-6
30	27	15-11
21.1	19	15
%100	90	

(3)

Physical and Mental) .3
(17-12) (6) : (Preparation

(%)		
20	18	
17.8	16	
18.9	17	
43.3	39	
%100	90	

(3) : (Physical Self-presentation) .4
(20-18)

(3) : (Social Support) .5
(23-21)

(4)

:(Coach Leadership) .6
(28-24) (5)

:(Vicarious Experience) .7
(33-29) (5)

:(Environmental Comfort) .8
(37-34) (4)

:(Situational Favorableness) .9
(40 - 38) (3)

(%)		
43.3	39	10
17.8	16	20-11
12.2	11	30-21
8.9	8	40-31
6.7	6	50-41
11.1	10	50
%100	90	

Sources of Sport -)

	(0.93)				
		(0.92)			:
	(0.70)		(9)	(9-1)	
	.(Nunnally, 1978)		(9)	(5)	()
			:	(Vealey et al., 1998)	
	(Independent Variables) :	-			3.5
	5) :	.1			6.5 - 3.5
.(15 15-11 10-6				6.5
:		.2			
.()				
10) :		.3			
50-41 40-31 30-21 20-11				(Vealey et al., 1998)	
	(50				
:(Dependent Variables)		-			
	(SSCQ)				
	.(Vealey et al., 1998)				
				(Vealey et al., 1998)	
			(80)	(1999)	
	(SPSS)			(40)	
	:				(40)
		.1		()	
(MANOVA)		.2	(7.58)		
(Hotelling's Trace)			()	(4.85)	
	(Sidak Test)				(4.01)
(One-Way ANOVA)		.3			
				(1999)	
			(2003)	(0.94)	
	(Sidak Test)				
			(0.92)		
				(Vealey et al., 1998)	

.4

: :

(1999)
 (1978) : (2003)
 (1995) (5)
 (5)
 : :
 (9) (6.5)
 (0.05 ≥ α)
 (Vealey et al., 1998)
 (SSCQ)

(MANOVA) (Multivariate Analysis Of Variance) (1999)
 Hotelling's)
 (6) (Trace (2003)
 (5)

(90 =)

**		*	
	1.25	7.67	1
	1.08	7.44	4
	1.19	7.65	2
	1.66	7.07	6
	1.81	6.97	7
	2.12	6.88	8
	1.51	7.52	3
	1.38	7.25	5
	1.75	6.74	9
	1.06	7.25	

(9) *

(Vealey et al., 1998) **

(6)

*			()	
*0.0001	82	8	5.82	0.56

*

(Melissa, 1998)

(6)
(0.05 ≥ α)

(Vealey, 1986)

Sidak)

(Test

(7)
(7)

(7.67) (0.05 ≥ α)
()

(6.74)

)

(

)

(Rondney et al., 2004)

(

(7)

:

:

(0.05 ≥ α)

(One-Way

(9) (8)

ANOVA)

(1992)

(7)

9	8	7	6	5	4	3	2	1		
*0.92	0.38	0.15	*0.79	*0.69	*0.60	0.016	0.23		7.67	
*0.69	0.15	0.07-	0.56	0.46	0.36	0.21-			7.44	
*0.91	0.37	0.13	*0.77	*0.68	*0.58				7.65	
0.32	0.21-	0.44-	0.19	0.09					7.07	
0.23	0.30-	0.54-	0.09						6.97	
0.13	0.40-	0.64-							6.88	
*0.77	0.23								7.52	
*0.53									7.25	
									6.74	

.(0.05 ≥ α)

*

(8)

15	15-11	10-6	5	
8.32	7.80	7.35	7.25	
7.40	7.56	7.38	7.38	
7.85	7.95	7.38	7.41	
7.31	7.29	7	6.54	
7.75	7.09	6.65	6.41	
7.55	7.08	6.17	6.97	
7.55	7.16	7.72	7.71	
8.15	7.13	7.08	6.84	
7.24	6.77	6.73	6.12	
7.68	7.32	7.05	6.96	

(9)

*	()					
*0.02	3.24	4.73 1.45	14.20 125.44 139.64	3 86 89		
0.91	0.16	0.20 1.21	0.61 104.39 105.0009	3 86 89		
0.22	1.47	2.066 1.40	6.19 120.46 126.66	3 86 89		
0.46	0.85	2.37 2.77	7.13 238.81 245.95	3 86 89		
0.10	2.08	6.60 3.12	19.81 272.36 292.17	3 86 89		
0.14	1.82	8.01 4.37	24.03 376.59 400.62	3 86 89		
0.52	0.75	1.76 2.32	5.28 199.98 205.26	3 86 89		
*0.01	3.63	6.41 1.76	19.24 151.57 170.82	3 86 89		
0.31	1.19	3.64 3.06	10.94 263.35 274.29	3 86 89		
0.14	1.83	2.03 1.11	6.11 95.53 101.65	3 86 89		

(2.71) = () (0.05=α)

•

(9)

(Sidak Test)

(0.05≥α)

(10)

(10)

(15)

: : (2003) (1999)
 (0.05 $\geq \alpha$)
 (One-Way (14) (13) ANOVA)
) (1978) (1995
 (14) (Matveyev, 1980)
 (0.05 $\geq \alpha$))
 ((Sidak Test)
 : :
 (15) (15) (0.05 $\geq \alpha$)
 (One-Way (12) (11) ANOVA)
 (12)
 (0.05 $\geq \alpha$)
) (1998)
 (Marsh, 1998) (Scott, 1997), (Thibdeu, 1993) (2000 (1987)
 (Rondney et al., 2004) (Lirge, 1992)

(1998

(Lirge, 1992)

(Matveyev, 1980: 167)

(1992)

Yang,)

(1995)

(1995

Vealey et al.,)

(10)

15	15-11	10-6	5			
*1.07-	0.55-	0.10-		7.25	5	
*0.96-	0.44-			7.35	10-6	
0.52-				7.80	15-11	
				8.32	15	
*1.31-	0.29-	0.24-		6.84	5	
*1.06-	0.04-			7.08	10-6	
*1.01-				7.13	15-11	
				8.15	15	

.(0.05=α)

(11)

7.68	7.50	7.72	7.77	
7.29	7.61	7.34	7.67	
7.52	7.61	7.89	7.77	
7.18	7.13	7.39	6.48	
7.01	6.66	7.31	6.88	
6.81	6.97	6.90	6.92	
7.26	7.89	7.50	7.74	
7.19	6.98	7.43	7.62	
6.95	6.07	6.79	6.68	
7.21	7.16	7.36	7.30	

(12)

*	()					
0.93	0.14	0.23 1.61	0.71 138.92 139.64	3 86 89		
0.56	0.68	0.82 1.19	2.46 102.54 105.009	3 86 89		
0.73	0.43	0.62 1.45	1.87 124.78 126.66	3 86 89		
0.38	1.03	2.85 2.76	8.55 237.39 245.95	3 86 89		
0.78	0.36	1.21 3.35	3.64 288.53 292.17	3 86 89		
0.99	0.28	0.12 4.65	0.38 400.23 400.62	3 86 89		
0.47	0.84	1.96 2.31	5.89 199.36 205.26	3 86 89		
0.53	0.73	1.42 1.93	4.27 166.55 170.82	3 86 89		
0.37	1.05	3.23 3.07	9.71 264.57 274.29	3 86 89		
0.94	0.12	0.15 1.17	0.45 101.19 101.65	3 86 89		

.(2.71) = () (0.05=α)

•

(13)

50	50-41	40-31	30-21	20-11	10	
8.68	8.40	8.65	7.94	7.48	7.10	
7.55	8.02	8.10	7.62	6.87	7.37	
8.05	8.11	8.54	7.90	7.16	7.44	
8.26	7	8.25	6.93	6.72	6.71	
7.96	6.83	8.25	6.81	6.66	6.65	
8.20	6.20	8.17	6.18	6.50	6.73	
8.10	8.26	7.87	7.10	7.46	7.32	
8.57	7.87	7.46	7.45	6.90	6.93	
7.90	7.38	7.04	6.57	6.37	6.49	
8.14	7.56	8.03	7.17	6.90	6.97	

(14)

*	()					
*0.0001	5.57	6.95 1.24	34.77 104.86 139.64	5 84 89		
0.08	2.04	2.27 1.11	11.37 93.63 105.009	5 84 89		
*0.04	2.32	3.08 1.32	15.42 111.24 126.66	5 84 89		
*0.03	2.54	6.47 2.54	32.36 213.58 245.95	5 84 89		
0.11	1.82	5.73 3.13	28.66 263.51 292.17	5 84 89		
0.09	1.97	8.42 4.26	42.12 358.49 400.62	5 84 89		
0.44	0.96	2.28 2.31	11.14 194.12 205.26	5 84 89		
*0.01	3.06	5.27 1.72	26.36 144.45 170.82	5 84 89		

...

*	()					
0.22	1.42	4.29 3.01	21.46 252.83 274.29	5 84 89		
*0.004	3.72	3.68 0.99	18.43 83.21 101.65	5 84 89		

.(2.32) = () (0.05=α)

(15)

6	5	4	3	2	1			
*1.57-	*1.29-	*1.54-	*0.83-	0.37-		7.10	10	
*1.19-	0.91-	*1.16-	0.45-			7.48	20- 11	
0.73-	0.45-	0.70-				7.94	30-21	
0.03-	0.25					8.65	40-31	
0.28-						8.40	50-41	
						8.68	50	
0.60-	0.67-	*1.10-	0.46-	0.27		7.37	10	
0.88-	0.94-	*1.37-	0.74-			6.87	20- 11	
0.14-	0.20-	0.63-				6.62	30-21	
0.49	0.43					8.10	40-31	
0.06						8.02	50-41	
						7.55	50	
*1.52-	0.28-	*1.52-	0.22-	0.011-		6.93	10	
*1.53-	0.27-	*1.52-	0.21-			6.90	20- 11	
*1.32-	0.06-	*1.31-				7.45	30-21	
0.016-	1.25					7.46	40-31	
1.26-						7.87	50-41	
						8.57	50	
*1.63-	0.93-	0.53-	0.51-	0.029		6.97	10	
*1.66-	0.96-	0.56-	0.54-			6.90	20- 11	
1.12-	0.42-	0.014-				7.17	30-21	
1.10-	0.40-					8.03	40-31	
0.70-						7.56	50-41	
						8.14	50	
*1.16-	0.59-	*1.06-	0.19-	0.068		6.97	10	
*1.23-	0.65-	*1.13-	0.26-			6.90	20- 11	
*0.97-	0.39-	0.86-				7.17	30-21	
0.10-	0.47					8.03	40-31	
0.57-						7.56	50-41	
						8.14	50	

.(0.05 = α)

*

.5

.6 : .1

:
.1 (9) (6.5)

.2
.2

- .3 .3

.4 .4

2

1993

1995

2000

1978

1992

2003

1995

1995

1999

1999

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Sources of Sport Self- confidence of Arab Clubs for Volleyball Players

*Abd Al-Nasser Al-Qaddoumi **

ABSTRACT

The purpose of this study was to determine the sources of sport self- confidence of Arab clubs for volleyball players, furthermore, to determine the effect of experience, player's duty and number of international participations on sources of self - confidence.

To achieve that, the study was conducted on (90) players, and Vealey et al. (1998) questionnaire was used for measuring sources of self - confidence.

The results indicated high level of all sources and of the total score. Furthermore, the results indicated significant differences in sources of self- confidence due to the number of international participations variable, while there were no significant differences found due to experience of player and player duty variables.

Based on the study findings, the researcher recommended that the volleyball coaches should increase the attention of situational favorableness and environmental comfort domains when training players.

KEYWORDS: Self-confidence, Volleyball, Arab Clubs.

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